



**Rudbeckia hirta**  
( Black-eyed Susan )

Editor: Hermina Hubert  
Phone: 692-1442  
[herminahubert@yahoo.com](mailto:herminahubert@yahoo.com)

Membership: Claire Liinamaa  
Phone: 524-0670  
[claire\\_nl@sympatico.ca](mailto:claire_nl@sympatico.ca)

Visit our web site: [www.sudburyhorticulturalsociety.ca](http://www.sudburyhorticulturalsociety.ca)

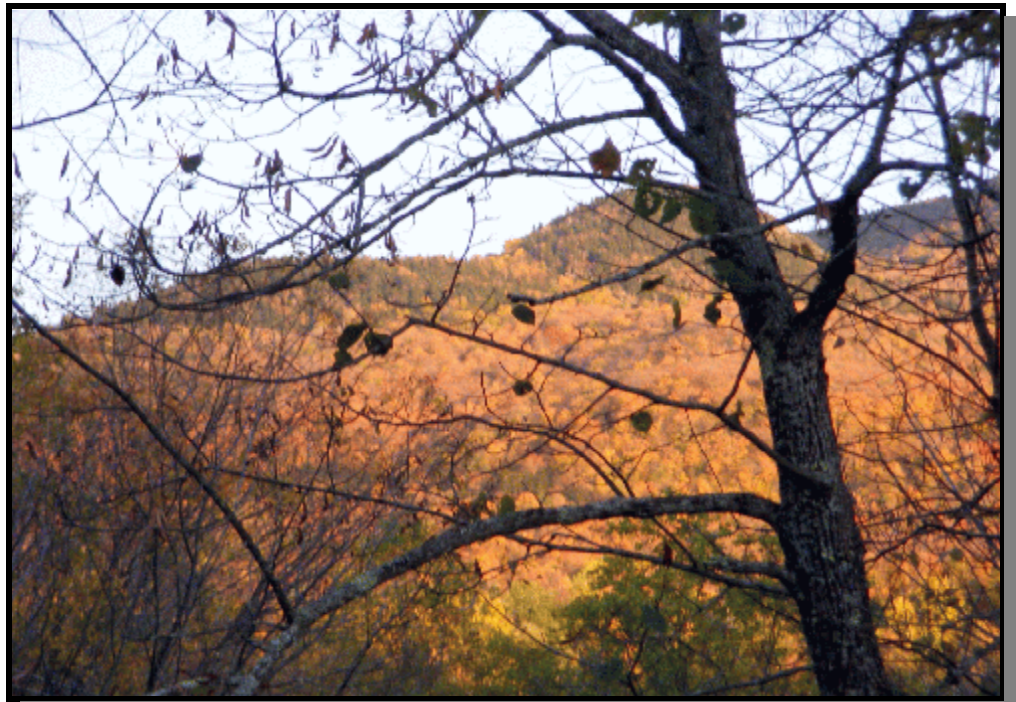
*Dedicated to  
the beautification  
of the Sudbury region  
and the preservation  
of our environment*



# Sudbury Horticultural Society

## “The Newsletter”

November/December 2008



*“Autumn Foliage in Vermont” and “Last of the Geraniums” (photos by Hermina)*

In this issue:

- Annual Meeting and Christmas Show
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# “Pumpkin Show”

Lisa Robinson did an excellent job of getting us into the mood of the season with some great decorations, as did Christine with her costume.



Above is Peter Woolnough doing an Ichabod Crane

Christine Osmond (right) next to her carved pumpkin

Shelby Woolnough’s pumpkin (below)

Colombe Charest, pictured with her mom, is always there to help.



## Dates to Remember !

\* **November 30** - Annual Meeting & Christmas Show at CNIB

**December 21** - Winter Solstice (longest night, shortest daylight hours)

**December 22** - Hanukkah

**December 25** - Christmas Day

**January 6** - Executive Meeting at Red Oak Villa - 7:00 pm



**Season's Greetings  
to all our members.  
- from the Board of Directors**

## Books For Sale

Aloma Johnson has graciously donated some previously loved books from her library and that of her mother's. They are beautiful books that originally ranged in price from \$5.00 to \$35.00. Her intention is for us to sell them as a fund raiser for our society.

Please bring a few extra dollars and choose a lovely book to add to your library. We are asking half price, or at least a realistic offer for their worth. Remember...it's a fund raiser, as we do not have the calendars this year.



### Botanix Azilda Greenhouses

300 Carriere Street  
Azilda, ON 705-983-5252

Quality Growers of Annuals, Perennials, Vines, Trees and Shrubs  
For news, articles and handy tips, visit us at [www.azildagreenhouses.com](http://www.azildagreenhouses.com)  
Open April 1st to December 24th, Always closed Sundays!

## The Christmas Show and Annual Meeting will be held this year on **NOVEMBER 30**

(bring cookies for tea room if you can)



## Library Presents Plaque

Many of the supporters of the Greater Sudbury Public Library were treated to coffee & desserts last month at the main branch downtown. The partners were presented with plaques and certificates to say "Thank You" for their contributions and support. Lisa Robinson and Hermina Hubert, who represented our society, accept the plaque.



**Whitewater Greenhouses  
& Yard Art Centre**

Thurs. Fri. 9am 5pm  
Sat. & Sun. 9am 5pm  
Open May 5th

Off Mountee Principale  
Azilda, Ontario  
Ph: 705-983-0514  
email: [microg51@vianet.ca](mailto:microg51@vianet.ca)

Topiary, weeping trees,  
large assortment of  
perennials, annuals,  
vegetables and shrubs

Follow the Flower

## The Night Before Christmas (for Horties)


Tw'as the night before Christmas and all through  
our town,  
Not a creature was stirring, no one was around.  
The tools were hung in the tool shed with care,  
In hopes that the springtime soon would be there.  
The bulbs were all nestled snug in their beds,  
While visions of tulips danced in our heads.  
And I in red flannels and grey woollen throw,  
Had just settled down for a nice garden show.

When out in the driveway, there arose such a  
clatter,  
I sprang from the couch to see what was the  
matter.  
Away to the window I flew like a flash,  
Tore open the curtains and threw up the sash.  
The moon on the breast of the new-fallen snow  
Gave the lustre of springtime to the garden below.  
With that, with my wondering eyes did I look  
At the postman out there, with my spring seedling  
books.

I ran to the mailbox as fast as the wind,  
Tore open the package, just sat there and grinned.  
Oh iris, oh lily, oh tulip and phlox,  
Beebalm and aster, pansy and 'hocks.  
Roses, herbs, grasses...each made to enthrall,  
Order them, order them, order them all!  
And though winter seems long, spring's sure to  
arrive.  
Again we'll be amazed that our perennials  
survived.

So with pencil in hand, the order I wrote,  
Dreaming of the garden and the time I'd devote.  
On with the stamp and off to the mail,  
I tossed in the envelope, and down it did sail.  
And I swear it exclaimed, as it fell out of sight...  
Merry Christmas to you! May your garden be  
bright!

*Original by Clement C. Moore,  
revised by Cheryl Losch, President Strathroy -  
Caradoc Horticultural Society  
Revised again by Hermina*



Comb out the weeds !  
Effortlessly grabs unwanted weeds and  
grass by the roots!

**Easy** to use  
**Ergonomic** handle for maximum comfort

**Durable** construction for a lifetime of use  
For more information: [www.weedcomb.com](http://www.weedcomb.com)  
705-919- 3266



Available  
this spring

## New SHS Hats

The new SHS gardening hats will be available for pickup at the November meeting. Wayne has ordered extra hats that can be purchased for \$20. at that time.



James St. John  
Horticulture technician  
Consultation  
Landscape Design  
Garden Maintenance

Sudbury, ON 705-222-4769



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**PRODUCE & GREENHOUSES**  
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*Growers of quality bedding plants,  
hanging baskets, custom planters  
and fall mums. Assorted field grown  
vegetables in season.*

**Paul & Carole Holla**  
Horticultural Technicians  
Owners/Operators  
**897-7554**  
**Fax: 897-3385**

# Annual Meeting and Christmas Show

## Sunday, November 30<sup>th</sup>

CNIB York Street

Entertainment by "Affinity"  
featuring Gloria Baker & Family  
Award Presentations

Bring your entries for the show between  
10:00 am and 11:30 am  
(at which time judging will begin)  
Check pages 76 & 77 in the yearbook

Enjoy coffee and desserts and  
view the designs  
from 1:00 pm



Browse through the many  
**Magazines** and **White  
Elephant Table Items**

### Gisele's Greenhouses

*Hanging Baskets  
Patio Planters  
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Excellent*



*Selection of Trees & Shrubs  
Spring Seed Selection available in  
April*

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Chelmsford, Ontario  
(705) 855-6621

[gisbellefeuille@hotmail.com](mailto:gisbellefeuille@hotmail.com)

Open 7 days a week starting in May.  
"From Our Garden to Yours"



"You have to train them young!"

### Dressed in Our Long-Johns

Seven of us braved the cold winds on October 29 to pull frost-bitten annuals and dead-head plants. Standing at back, in photo left, are Jessie MacIsaac & Nadja Snajdr, Don & Betty Franklin, and in the front, Colombe Charest & Madeleine Genier having a relax. (Hermina is taking the picture.)



True friendship is like sound health...the value of it is seldom known until it be lost.

- Charles Caleb Colten



## IS LOCALLY GROWN GARDEN PRODUCE SAFE TO EAT?

In response to recent misleading articles in the local media, **Dr. Stephen Monet** (Manager of Environmental Planning Initiatives for Greater Sudbury) invited local fruit and vegetable growers to attend an information session at Tom Davies Square to clarify the results of the Sudbury Soils Study. Since many of our members have vegetable gardens our society was invited to send a representative to the meeting.

Dr. Monet provided background information about the study which began in response to a soil survey that was conducted by the Ministry of the Environment in 2001.

Data was gathered from 64 residential properties, 15 commercial gardens and 10 wild locations throughout the region.

Three groups of produce were included in the study:

- Crops harvested below ground (such as carrots and potatoes)
- Crops harvested above ground (such as lettuce and tomatoes)
- Crops harvested in the wild (such as blueberries and mushrooms)

Sampling was conducted in five areas of the city - Coniston, Copper Cliff, Falconbridge, Sudbury Centre and Hanmer.

Dr. Glenn Ferguson from the SARA group which conducted the study informed the audience members that concentrations of various metals in locally grown produce were compared with levels that occur in fruits and vegetables that are purchased across Ontario in grocery stores. He assured the group that the concentration of the chemicals investigated are at similar, and sometimes lower levels, in locally grown produce.

To reassure the public the following press release was issued on October 29<sup>th</sup>:

## Sudbury Soils Study Confirms Safety of Local Foods

**SUDBURY, ON** – In response to recent community questions about locally grown foods, Dr. Chris Wren is reassuring Greater Sudbury residents about the safety of local fruit and vegetables. Dr. Wren is Director of the SARA Group that conducted the Sudbury Human Health Risk Assessment (HHRA) released last May. He confirmed that the Study findings did not show any unacceptable health risk to residents associated with local food consumption.

“The HHRA was extremely thorough,” said Dr. Wren. “As part of the extensive data collection, we sampled roughly 90 residential and commercial sites to get local fruit and vegetable information from across the Greater Sudbury area. This produce was analyzed for the six chemicals of concern: arsenic, cobalt, copper, lead, nickel and selenium. We then had the benefit of information directly from Sudbury, which makes the Study even more meaningful to area residents. **The results indicated that exposure to these chemicals through the consumption of local produce poses no unacceptable risk.**”

Local produce was found to contain metal levels in some cases higher than supermarket produce. These local levels were taken into account by the detailed HHRA and the conclusion remains that local produce does not pose an unacceptable risk.

“We should all be reassured that local data were used in the HHRA. Inputting these data into the HHRA analysis tells us that the consumption of local produce poses no unacceptable health risk,” said Dr. Penny Sutcliffe, Sudbury & District Medical Officer of Health.

The Health Unit reminds everyone that it is always important to thoroughly clean all fruit and vegetables before eating.

“Safe, nutritious and accessible food is an essential part of healthy living. The promotion of healthy eating and consumption of local produce is a big part of the work we do every day,” said Dr. Sutcliffe. “We work on a number of local food initiatives such as the development of community gardens. We are also very proud of our partnership with Sudbury Food Connections,” she added.

Information about nutrition and food safety can be found on the Sudbury & District Health Unit’s website at [www.sdhu.com](http://www.sdhu.com).

Information about the **Sudbury Soils Study Human Health Risk Assessment** can be found at [www.sudburysoilsstudy.com](http://www.sudburysoilsstudy.com).

Questions and comments may also be directed to [questions@sudburysoilsstudy.com](mailto:questions@sudburysoilsstudy.com)

